# PROTOCOLS FOR LIVE DGMG SESSIONS

### **SOCIAL DISTANCING**

- A minor amendment to the seating layout (see separate diagram) results in 2m minimum distancing for all participants with 6 present.
- 2. Because of this, attendance at live sessions will be limited to six including the host.

### **SANITATION**

- 1. Surfaces will be wiped down before visitors arrive.
- 2. Choice of sanitation will be available: hand sanitiser, soap and water, gloves.
- 3. CD/DVD cases will be wiped down on arrival.
- 4. Visitors will be allocated coffee cups close to their seating positions and will help themselves to coffee, milk, sugar.
- Only individually-wrapped biscuits/snack bars will be provided. There will be no pile of loose biscuits on communal plates. If visitors bring biscuit offerings, these will not be opened during the session.

### **MASKS**

- 1. Conflicting medical advice exists:
  - a. masks are recommended indoors (in 'confined spaces') where social distancing isn't possible. Social distancing **is** possible, so masks would not be required, but ...
  - b. visitors to homes of over-70s are recommended to wear masks, so masks **would be** required.
- 2. The general consensus is that masks guard against a wearer spreading the virus. Since group members behaved responsibly during 'lockdown' the risk of spread during a live session has been minimised by our behaviour. Not only those who are symptomatic are spreaders, however, so mask-wearing could be considered sensible.
- 3. Personal experience during recent hospital visits fails to provide definitive guidance. Medical staff wear masks during patient interaction, but distancing is relied on otherwise.
- 4. Bottom line: I will not insist that masks are worn. Visitors can decide for themselves if they wish to.

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## PROTOCOLS FOR LIVE DGMG SESSIONS ... CONTINUED

#### **TIMING**

- 1. Assemble at 1:00 pm.
- 2. Commence music no later than 1:30.
- 3. Limit musical choices to 10 minutes.
- 4. Begin 30-minute presentation no later than 3:00.
- 5. Total duration of a session depends on numbers present:
  - a. With 6 present, music beginning at 1:30, a presentation scheduled, non-presenters limited to 10 minutes of music plus 5 minutes for introduction and reaction and the presenter allowed 5 minutes for introduction ... a session would end at 3:20 (2 hrs 20 total).
  - b. Reducing settling-down time to 15 minutes (commencing music at 1:15, in other words) brings conclusion forward to 3:05 (2 hrs 5).
  - c. Total time reduces by 15 minutes for each participant less than 6.

## **SCHEDULING**

- 1. Zoom meetings and live sessions will alternate for the foreseeable future.
- 2. The first live session is scheduled for 1st August, but the general situation will be kept under review and sessions will only commence if spikes and/or clusters do not necessitate the re-imposition of restrictions.
- 3. During the week leading up to a live session, the host will ask members who are comfortable with attending to confirm. A session will only go ahead if at least two do so.
- 4. If more than 5 wish to attend, only the first 5 will succeed.
- 5. If a live session is cancelled, it will be replaced with a Zoom meeting.

### **IN ADDITION**

Ventilation of indoor spaces is stressed as part of medical guidance. I've already made it clear that front and rear windows will be open during our sessions here to ensure a through-flow of air.

Version 1, 29th June 2020