#### PHYSICAL MEETING DISCUSSION

# Updates –

- 1. A minor amendment to the seating layout results in 2m minimum distancing for all participants with 6 present.
- Recommend that attendance be limited to 6.

### 3. Contacts:

- Tom, Derry and Peadar phoned. Tom also sent an email, as did David.
- Tom is happy to attend sessions in my place.
- David is also happy to attend sessions here.
- Derry is happy to attend, subject to the result of a Covid test he had on Friday. He stressed the importance of limiting the duration of live sessions.
- Peadar recommends that members inform the host in advance if they're attending (Derry already says he'll let me know the day before).

# 4. Timing:

- With 6 present, music beginning at 1:30, a presentation scheduled, non-presenters limited to 10 minutes of music plus 5 minutes for introduction and reaction and the presenter allowed 5 minutes for introduction ... a session will end at 3:30 (2 hrs 30 total).
- Reducing settling-down time to 15 minutes brings conclusion to 3:15 (2 hrs 15 total).
- Total times reduce by 15 minutes for each participant less than 6.

## 5. Masks:

- Masks are recommended indoors where social distancing isn't possible (so wouldn't be required), but visitors to homes of over-70s are recommended to wear masks (which means they would be).
- There's also the general question of who masks protect. My understanding is they guard against a wearer spreading

the virus, but we've all been sensible and responsible during 'lockdown' and, as far as I'm aware, have severely limited contact with people from outside our own homes. In other words, the risk of spread during a live session here doesn't really apply.

 I've had a few medical appointments recently. Neither Beaumont nor the Eye & Ear insisted that patients wear masks. Medical staff wear masks during interaction with patients and distancing is relied on otherwise.

## 6. In addition:

- Ventilation of indoor spaces is stressed as part of medical guidance. I've already made it clear that front and rear windows will be open during our sessions here to ensure a through-flow of air.
- I will provide individually wrapped biscuits only. There will be no pile of biscuits on communal plates. If visitors bring biscuit offerings, these will not be opened during the session.